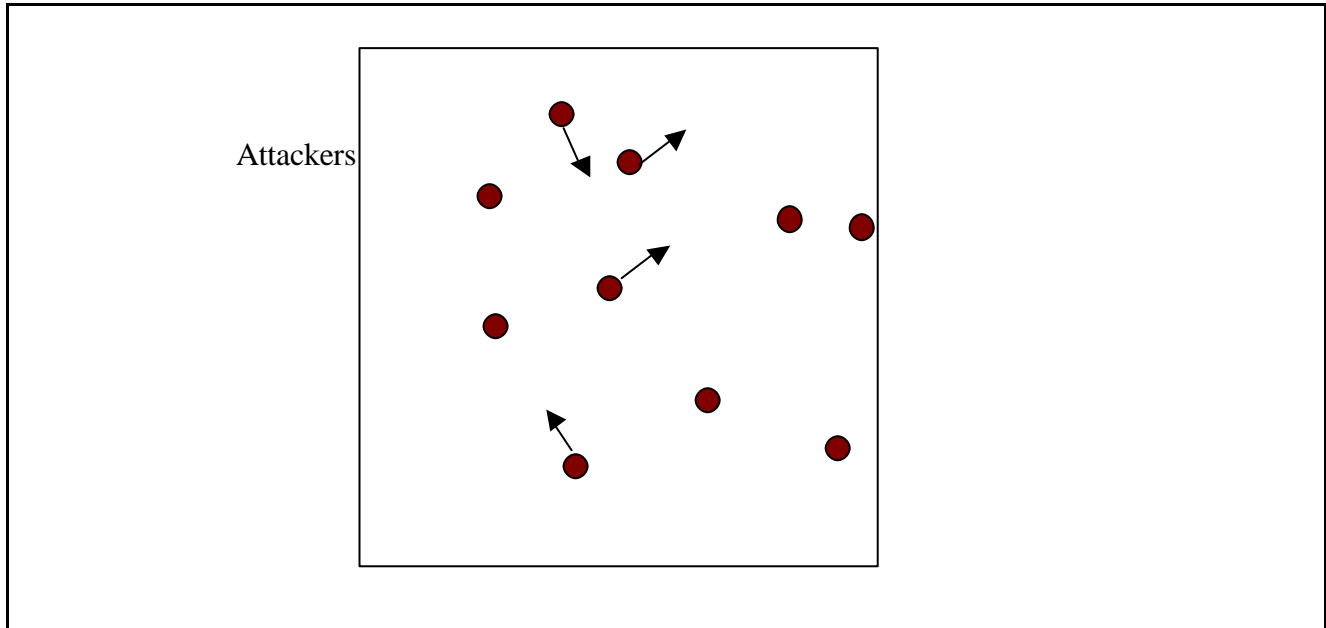


<b>Drill Name</b>		<b>Tails</b>						
<b>Objectives</b>		Practice tagging and evasion.						
Cones	Layout	Dimension (metres)	Balls	Players	Duration (minutes)	Contact Shield	Tackle Bags	Body Suits
16	Grid	10x10	0	10	5			



**Description**

1. All against all game.
2. On the coaches signal, the players run around the pitch trying to tag take tags from each other – any number from anybody, provided they are on the tag belt.
3. Players are not allowed to defend tags.
4. When the coach signals “stop”, the player with the most tags wins.

**Progression**

1. Teams – only tag opposition.

**Set-Up**

1. Groups of 10
2. Mark out grid
3. All players with tag belts.

**Key Factors**

1. Run into space
2. Focus on the tag of the ball carrier
3. Keep head and shoulders above waist when going for tag.
4. Call “Tag”