

Continuum Quick Reference 2004/2005

	Non Contact Mini Rugby		Mini Rugby		Midi Rugby	
Age Group	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12
Match Duration	10 Minutes Each Way		15 Minutes Each Way		20 Minutes Each Way	
Triangular Fixtures	7 ½ Minutes Each Way		10 Minutes Each Way		15 Minutes Each Way	
Festivals/ Tournament	5 Minutes Each Way		6 Minutes Each Way		7 Minutes Each Way	
Pitch Size	60 x 30 Metres		60 x 35 Metres		60 x 43 Metres	
Ball Size	Size 3			Size 4		
Start of Game	Free Pass 2 metres maximum		Free Pass 2 metres maximum		Drop Kick from centre line	
Tackling	Tag Tackle No turnover	Tag Tackle Turnover on 7 th Tag	Full Contact Tackling As Per RFU Laws			
Rucking/ Mauling	NONE		Rucking & Mauling As Per RFU Laws			
Scrum	Free Pass		3-Players Un- contested	3 Players Contested	5 Players Contested	
Line-Outs	Free Pass From Touch Line		2 Players Un-contested	2 Players Contested	4 Players	
Kicking	NO KICKING ALLOWED				Allowed But No Fly Hacking (kicking loose ball on the ground)	
Conversion	NO KICKING ALLOWED				Taken In Front Of Posts	
No Of Players	Up to 7		9 (3 forwards, 6 backs)		12 (5 forwards, 7 backs)	
Squad Size (set by festival organisers)	Not less than 10		Not less than 13		Not less than 17	
	NO HAND OFF / FEND OFF					

